

ZW Womens Soccer

Summer Opportunities 2023

***Mini-Skills Clinic (ZWHS Coaching Staff)**

-Focus on technique, accuracy, timing and attention to detail

-Each session will focus on a specific skill set

When: June 13-15

Time: 7:00-8:00pm

Where: @ Zeeland West High School Varsity Soccer Field

Cost: \$20

***Open Field Training Sessions**

-Focused mini-skill games / competitions and small-sided games

When: Tuesdays (technical) & Thursdays (games)

June 20, 22, 27 and 29 / July 11, 13, 18 and 20)

Time: Tuesdays – 9-10:30am; Thursdays 6:30-8:00pm

Where: @ Creekside Middle School Soccer Field

Cost: \$25

***Holland Summer League**

When: Wednesday Evenings (June 7, 14, 28 / July 12, and 19)

Time: 4:00 to 5:30pm – drop-in pick-up games

Where: @ Holland High School Soccer Complex

Cost: Free

***Team Camp (ZWHS Coaching Staff)**

The ZWHS soccer Coaching Staff will be running a team camp emphasizing individual skill development, conditioning and offensive and defensive team tactics.

When: July 24-28

Time: 6:00-8:30pm

Where: @ Creekside Middle School Soccer Field

Cost: \$90

Private Goal Keeping Camps/Opportunities

Camp Shutout West Michigan

June 26-29 (week long camp)

For registration and cost information go to:

<https://clarkkeepertraining.com/>

Other Non-Soccer Specific ZWHS Sponsored Opportunities for Athletes:

ZWHS Excel Sports Training

When: Mondays, Wednesdays, Fridays (June 12 – July 28)

Time: 8:45-10:15am

Where: ZWHS

Cost: \$115 (18 sessions) – includes dri-fit shirt

All Excel related questions can be directed to Nate

VandeGutche at nvandegu@zps.org. Registration and more

information can be found by clicking on the [EXCEL](#) link

found on zeelandwestathletics.com.

Zeeland West Weight Room Summer Hours

Location: Zeeland Stadium Parking Lot (white tent)

MWF (7:30-11:30am; 5:00 – 7:30pm)

Cost: Free

Athlete Contact Information:

Athlete Name: _____

Address: _____

City: _____ Zip: _____

Date of Birth: _____

Parent Email: _____

Athlete cell phone: _____

Parent cell phone: _____

Grade entering (fall of 2023): 9 10 11 12

Athletes **MUST** be signed up and registered through FinalForms (zeeland-mi.finalforms.com) **BEFORE** participating in any summer activities.

***Please make checks payable to:**

(Please put girls soccer / athlete's name on the memo line)

All three opportunities below + Dri-Fit T-Shirt = DUX DEAL

***Family rate: Pay only \$50 for each additional athlete from the same family (i.e. 2 athletes = \$150 for both; 3 athletes = \$200 for both)**

Or Individually / a la carte:

Dri-Fit T-Shirt **\$20**

SIZE (adult): S M L XL

(checks payable to **Zeeland West Athletics - Girls Soccer**)

Please send completed/signed form and check/money to*:

*Or drop it off in the athletic office @ ZWHS during normal summer business hours

Questions? Feel free to contact me at any time.